



Zen Breakfasts

Served with an Assortment of Breakfast Pastries with Butter and Preserves, Chilled Orange Juice, Freshly Brewed Coffee, Decaffeinated Coffee and Specialty Teas
(Should the group require more than one entrée an additional \$1.00 per person will be assessed)

Breakfast 1

Multi-Grain Blueberry Pancakes or Filled French Toast with Choice of Fruit or
Cinnamon Mascarpone & Walnut Filling
Sliced Seasonal Melon
Applewood Smoked Bacon and Turkey Sausage

\$14.00 per Person

Breakfast II

Frittata
Breakfast Potatoes
Sliced Seasonal Melon

\$14.50 Per Person

Metro Ham and Egg Sandwich

Grilled Ham
Scrambled Eggs with Chive & Goat Cheese
Tomato Slice
On an English Muffin
Side of Berries with Yogurt

\$14.95 per Person

Breakfast Wrap

Sliced Ham, Cheddar Cheese and Scrambled Eggs OR Mushrooms, Spinach (select one for group)
Wrapped in Flour Tortilla
Served with Sliced Seasonal Fruit

\$13.50 per Person

Good Morning Buffet

(15-25 people)
Scrambled Eggs
Assorted Cereals and Granola
Fresh Berries
Fruit Yogurt

\$14.95 per Person

Prices subject to change without notice. Prices subject to tax and gratuity.



Continental Breakfast

Assorted Breakfast Pastries with Butter & Preserves
Assorted Chilled Juices
Sliced Seasonal Fruit
Freshly Brewed Coffee, Decaffeinated Coffee & Specialty Teas

\$11.95

Healthy Continental

House Made Granola
Assorted Chilled Juices
Breakfast Couscous with Dried Fruit
Low Fat Fruit Muffins
Yogurt Parfaits

\$13.95

The Health Break

Fruit Kabobs
House Made Hummus and Pita Chips
Spiced Nuts and Trail Mix
Granola Bars
Vitamin Water, Iced Tea & Lemonade
Freshly Brewed Coffee, Decaffeinated Coffee & Specialty Teas

\$12.95

Missing Home Break

Mini Baguette Grilled Cheese
BLT Roll Ups
Carrot & Celery Sticks with Ranch Dip
Chocolate Covered Graham Crackers
Freshly Brewed Coffee, Decaffeinated Coffee & Specialty Teas

\$8.95



Chocolate Lover's Break

Malted Milk Balls
Metro Decadent Brownies
White & Milk Chocolate Covered Pretzel Rods
Chocolate Dipped Fresh Fruit
Freshly Brewed Coffee, Decaffeinated Coffee & Specialty Teas
\$11.95

Cookies & More

House Made Cookies Including
Chocolate Chunk, Peanut Butter, Oatmeal Raisin and Sugar
Fudge Brownies and Dessert Bars
Chocolate and White Milk
Freshly Brewed Coffee, Decaffeinated Coffee & Specialty Teas
\$10.95

South of the Border Break

House Made Salsa
Black Bean Dip
Guacamole
Taco Chips
Quesadilla Wedges
\$10.95



A La Carte Items

Fruit Scones	\$23 per dozen
Assorted Breakfast Pastries	\$26 per dozen
Assorted Dessert Bars	\$27 per dozen
Assorted Bagels	\$25 per dozen
Fresh Baked Muffins	\$26 per dozen
Fresh Baked Cookies	\$25 per dozen
Metro Decadent Brownies	\$25 per dozen
Seasonal Fruit Display (Minimum 15 people)	\$3.50 per person
Whole Fresh Fruit	\$2.00 each
Cereals with Milk	\$3.50 each
Assorted Fruit Yogurt	\$3.00 each
Chilled Juices	\$19 per carafe
Assorted Herbal Tea	\$2.00 per bag
Coffee and Decaffeinated Coffee	\$30 per gallon
Assorted 20 oz Sodas, Fruit Drinks, Iced Teas and Waters	\$3.50 each
Milk	\$12 per carafe
Trail Mix	\$15.00 per pound
Granola Bars	\$2.00 Each
Assorted Energy Bars	\$7.00 each
Hot House Made Potato Chips with White BBQ and Bleu Cheese Dips	\$15 per Pound
Gardetto's Snack Mix	\$10 per pound
Tortilla Chips with Salsa	\$9 per pound
Mixed Nuts	\$15 per pound